

100 Affirmations for Kids



100 Affirmations For Kids

1. I am strong.
2. I am capable of doing hard things.
3. I am brave.
4. I am happy.
5. I have a positive mindset.
6. I am beautiful.
7. I am confident.
8. I am capable of facing my fears.
9. I am loved by my friends and family.
10. I am healthy.
11. I am excited for today.
12. I am kind to others.
13. I have done my best today.
14. I am choosing joy today.
15. I will make it happen.
16. I will make good choices for myself.
17. I am a wonderful person.
18. I have a happy heart.
19. I am capable of anything.
20. I am grateful.
21. I am caring to others.
22. I am a great friend.
23. I am creative.
24. I can set goals and follow them through.
25. I am unique.
26. I can keep my chin up when things are hard.
27. I am intelligent.
28. I have flaws and they are OK.
29. I am at peace with myself.
30. I am accepting of others.
31. I am successful.
32. I am unique.
33. I embrace change.
34. I am thankful.
35. I believe in my abilities.
36. I am proud of myself.
37. I am a leader.
38. I forgive others for their mistakes.
39. I am awesome.
40. I have the courage to be myself.
41. I am worthy of love.
42. I enjoy life.
43. I am thoughtful.
44. I am optimistic.
45. I see the good in myself.
46. I respect myself.
47. I am going after my dreams.
48. I learn from my mistakes.
49. I have the ability to overcome challenges.
50. I am centered and grounded.

100 Affirmations For Kids *continued*

51. I can face adversity.
52. I can honor my own life path.
53. I define my own success.
54. I love myself.
55. I deserve love.
56. I have a warm heart.
57. I am enough.
58. I deserve greatness.
59. I can seize life's opportunities.
60. I am fearless.
61. I know my power.
62. I am a warrior.
63. I can do this.
64. I am deserving of my dreams.
65. I am blessed.
66. I am courageous.
67. I am secure.
68. I am keeping my body healthy.
69. I am inspiring others.
70. I choose what I become.
71. I believe today will be a good day.
72. I am surrounding myself with love.
73. I have all I need.
74. I am grateful for life.
75. I am okay.
76. I am focusing on my dreams.
77. I am valuable.
78. I am loveable.
79. I am honest.
80. I am a rainbow in someone's day.
81. I am riding out the storm.
82. I have opportunities in life.
83. I am in control.
84. I can make a difference.
85. My thoughts are remaining positive.
86. I am hopeful.
87. I control my attitude.
88. I control my own destiny.
89. I make the world a better place.
90. I can work through my struggles.
91. I am sincere.
92. I am wise.
93. I am motivated.
94. I can remain focused.
95. I am tough enough to handle challenges.
96. My determination is great.
97. I make my own choices.
98. I have good values.
99. I am mindful.
100. I bring my own sunshine.

